

# Course Syllabus 2023-2024

COURSE TITLE: Life Skills Health Science

**COURSE NUMBER:** 0800300 **CREDIT:** 1.0

## **TEACHER INFORMATION**

Teacher Name: Isoima Gonzalez

Email: Gonzalez@schoolhouseprep.com

Phone: 786-327-2196

## **COURSE DESCRIPTION:**

The health science course is designed to provide students with the foundations for maintaining a healthy life-style that includes all stages of health. This course will also address issues and decisions encountered by teenagers. The course is taught in combination with Physical Education. Student will receive in the report card a grade for Health Science and a grade for physical education. Each course has weight of 0.5 credits for a total of 1.0 credit which will fulfill graduation requirements.

## **COURSE GOALS/OBJECTIVES:**

Students will cover topics on exercise; personal hygiene; anatomy; nutrition; disease prevention; use of drugs and medicines; injury prevention and more. The objectives provide everyday applications of health topics and give students the opportunity to set health-related goals and make healthy decisions.

### **COURSE CONTENT:**

# **QUARTER 1**

- Students will cover Chapters 1-5
  - Mental and Emotional Health
  - Human Body systems

#### **QUARTER 2**

- Students will cover Chapters 6-10
  - Human body systems continued
  - Human development
  - Nutrition

#### **QUARTER 3**

- Students will cover Chapters 11-15
  - Preventing and controlling disease and disorders

#### **QUARTER 4**

- Students will cover Chapters 16-21
  - Injury Prevention and safety promotion
  - Health and Society

#### **HOMEWORK/ CLASS ASSIGNMENTS**

Homework is an essential part of the school program. Teachers assign homework in order to provide extra practice and to encourage further learning thereby reinforcing academic progress. It is recommended that all students keep a **"HOMEWORK ASSIGNMENT JOURNAL."** Students ARE Allowed to make-up missing assignments and Exams with an excused absence. Make-Up assignments must be turned in by the date assigned by the teacher. Late assignments will not be accepted and the student will receive a "0".

#### **ACADEMIC INTEGRITY**

If administration finds that a student is caught cheating, plagiarizing, and/or misrepresenting work, a "0" will be issued for the work in question. Such student will be placed on a probationary contract which states that the student will be expelled if a second offense arises.

#### **GRADING POLICY:**

Tests, quizzes, student participation, classwork, homework, reports and assignments will all be applied to the student's final grade for the quarter. Students will receive a minimum of nine (9) grades per quarter/marking period. Tests are announced in advance and posted on the portal. Study guides are provided for each test and reviewed in class as well as posted on the portal.

**WEIGHT:** Tests: 2 Grades; Quizzes: 1 Grade; Participation: 1 Grade per quarter; Classwork: 1 Weekly Average Grade; Homework: 1 Weekly Average grade; Midterm Exam: 3 Grades averaged into 2<sup>nd</sup> quarter grade; Final Exam: 3 Grades averaged into 4<sup>th</sup> quarter grade.

#### **INTERIM REPORTS:**

Interim reports will be issued midway through each quarter only for students who are NOT making adequate progress.

## **REPORT CARDS:**

Report cards will be issued every nine weeks for a total of 4 quarterly report cards per academic year. The Report Card reflects a student's grade in a subject area for that quarter as well as a quarterly GPA. The Midterm exam grade is averaged into the 2<sup>nd</sup> Quarter Grade. The Final exam grade is averaged into the 4<sup>th</sup> Quarter Grade. The Final Grade is the average of all 4 Quarters.

#### **MLA FORMAT**

All reports submitted for this course should be headed in standard MLA Format. Students will learn MLA format in this course and will be expected to use it throughout the year. All reports should use the heading example as shown below:

Student's Name Teacher Name Course Name and Number Date

#### **GRADING SCALE**

Schoolhouse Preparatory uses an unweighted 4.0 point grading scale

<u>Letter Grade</u>	<u>Percentage</u>	Qualitative Points
A+	97 – 100	4.0
Α	93 – 96	4.0
A-	90 – 92	3.7
B+	87 – 89	3.3
В	83 – 86	3.0
B-	80 – 82	2.7
C+	77 – 79	2.3
С	73 – 76	2.0
C-	70- 72	1.7
D+	67-69	1.3
D	63-66	1.0
D-	60-62	0.7
F	59	0.0

**HONOR ROLL:** At the end of each grading period, an honor roll list of students is published based on grades. In order to be considered for the Honor Roll, students must have a satisfactory attendance and discipline record. The Honor Roll identifies two types of achievement:

- Principal's Honor Roll = Straight A's.
- Honor Roll = All A's and a maximum of 2 B's.

Note: A student receiving a grade of F in a midterm or final examination will forfeit the honor roll for the marking period.

MISSED ASSIGNMENTS FOR EXCUSED ABSENCES: Students with Excused Absences are responsible for turning assignments by the due date issued by the teacher. Assignments not tuned in by the due date will be counted as a "0". It is their responsibility to confer with the teacher concerning makeup work and tests. Assignments are posted on each teacher's homepage on the portal www.schoolhouseportal.com. Students will receive a zero for any assignments not turned in. Students with unexcused absences will not be allowed to turn in assignments.

## PUNCTUALITY AND ATTENDANCE POLICY

Students are expected to be in class by the first bell for all class periods. Late arrivals will not be permitted into the class and sent to the office.

Students need to be in their Homeroom Class by 8:20 am. Students with 9 or more unexcused tardies or absences in a semester will receive an (N) in the report card.

## **Reporting Absences:**

If you will be absent for the day, it is your responsibility to text your homeroom teacher or the office before 9:00 am to be counted as an excused absence.